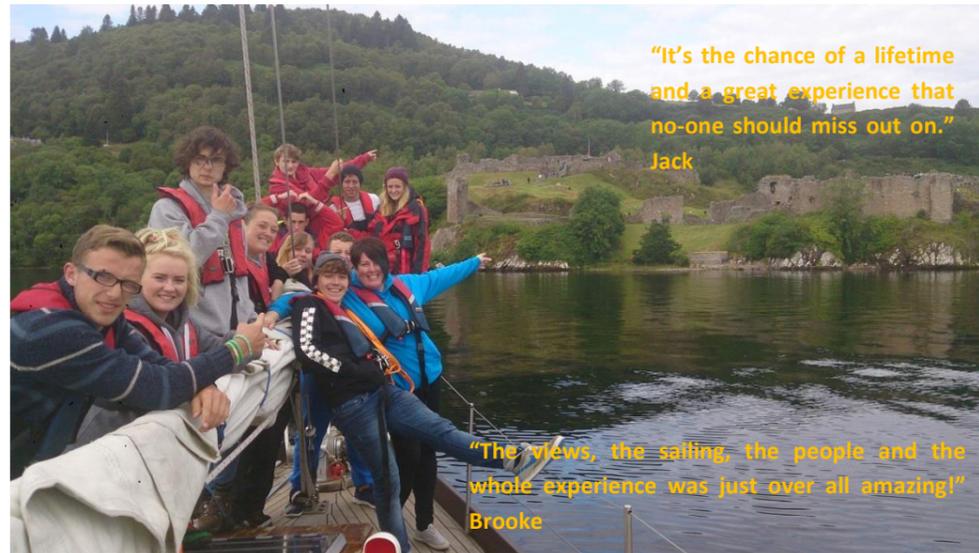


Why Go Sailing?

"It shows young people what they can do if they just apply themselves, and the sense of achievement you get when you arrive at your port is incredible. It's also great fun!"

Katherine



"It's the chance of a lifetime and a great experience that no-one should miss out on."
Jack

"The views, the sailing, the people and the whole experience was just over all amazing!"
Brooke

"Overall it has been the best experience ever – I think every young person should have their week sailing on a boat." Lewis

YOUTHWORKER OVERVIEW

Susie

The sailing trip was a huge success. From day one the young people from Girvan, Connect and Atlantis built new friendships which continued to grow as the week went on despite some wet weather early on in the week and feelings of seasickness. I witnessed excellent team work, from working together on ropes, sails, cooking and cleaning as well as good leadership from each young person from each watch.

The young people sat down themselves as a group to work out daily rotas and watches. This continued throughout the week and worked extremely well. It was visible that relationships between the projects were growing stronger and stronger, which has been captured on film along with how well the young people supported each other.

In between sailing there were times where the young people could get off the boat and explore the area. It was great to see how well they mixed off the boat too. I feel that both Yvonne and I worked exceptionally well together and very much enjoyed her company. It was great to work with a youth worker from another area, as we were able to learn from each other and build excellent relationships with all young people.



Yvonne

The Faramir Voyage was a unique and enjoyable experience for all of us in the crew. It was character building with many of the young people being pushed well out of their comfort zones.

Everyone rose to the challenge, working together to sail the boat and looking out for each other. This is evident in all the positive feedback from the young people and that all 12 of us gained our Competent Crew Certificates.

Girvan Youth Trust – Connect - Atlantis

Cirdan Trust

Faramir Sailing Experience

On Saturday 2nd August 2014, a group of 10 young people and 2 youthworker's from 3 Scottish Youth Projects; Girvan Youth Trust, Connect Berwickshire and Atlantis Oban, came together to set sail on a 7 day sailing voyage from Oban to Aberdeen with the Cirdan Trust aboard the Faramir.

The overall aim of the voyage was to bring young people together from different communities to work as a team to sail the vessel.

These are the outcomes which the 3 youth groups hoped the young people would achieve from this experience:

Building Relationships

Team Work

Confidence Building

Broadening Horizons

Develop Skills including Communication, Practical & Leadership

Learn about boundaries

Health & Safety

And to Gain their Competent Crew Certificates

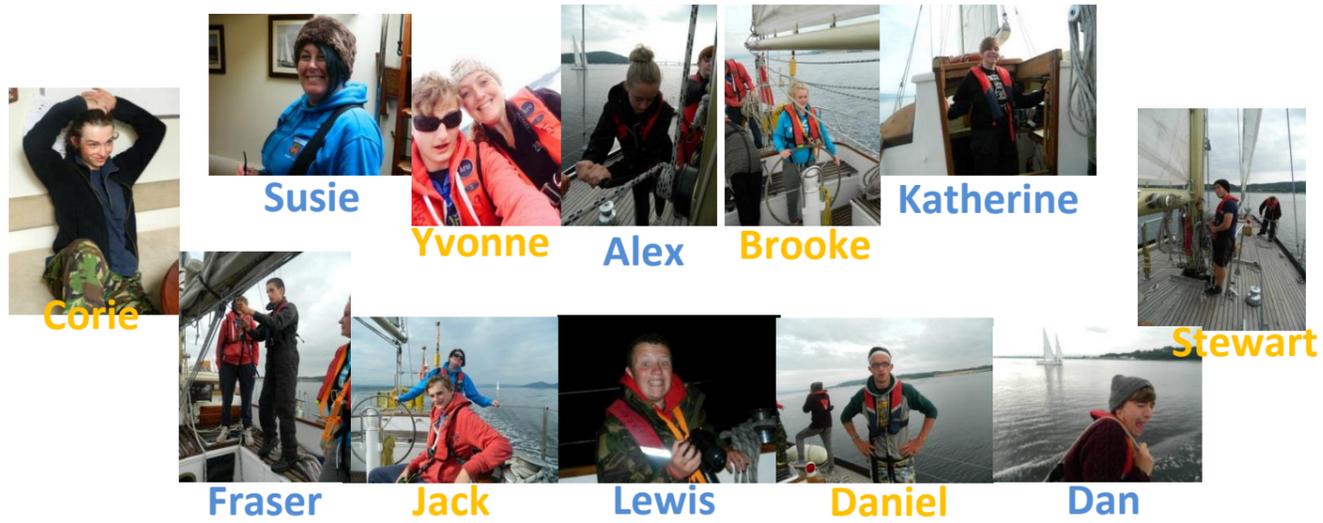


The voyage included 5 young people and a Leader from Girvan Youth Trust, 4 Young People and a Leader from Connect and 1 young person from Atlantis, the young people were all aged between 15 and 17. None of the groups had met before and for most this was their first experience sailing! We were met at the boat in Oban by the Skipper, his first mate and the bosun and this was our crew for the next 7 days.

The voyage would begin in Oban, we would sail North to the Caledonian Canal and follow the canal to Inverness and then on to the North Sea to sail around to Aberdeen.

The groups would like to thank the Rank Foundation and the Royal Thames Yacht Club Charitable Trust for providing bursaries allowing this voyage to take place.

The Faramir Crew



Setting Sail

Arriving on the boat the skipper Paul, his first mate Jess and the bosun Vince introduced themselves, and gave us a health and safety brief about the boat. We were then put in to 3 watches, each watch would take turn cooking, cleaning and sailing throughout the voyage, then without delay it was time to set sail for our first port of call – Cull Bay.

“We left the shelter of Oban’s scenic bay and into conditions which would make Popeye the Sailor want to go back to Port.”



Daniel realised very quickly “what it means to work as a team and communicate in all types of situations.”



Alex felt that the experience was “good for team building and brings you closer to new people”.

FIRST THOUGHTS

Brooke

“Waking up knowing I was going on a boat with people I had never met before in the middle of the sea was definitely not my idea of fun! On the bus I had mixed feelings about it, it was really nerve racking and I was scared but also excited in a way. Arriving and seeing the boat it all became real!”

Lewis

“We threw our gear on this petite, unhealthy looking ferry and left the safety of Oban harbour to a pontoon on an almost deserted island. Our gear was shifted on to this old looking out of place boat – it was grand, it was clean, it was our new home until Friday morning.”



Katherine

“When we all squashed ourselves around the small table in the saloon on the first day, I had no idea how lovely everyone was, and how easy it would be to talk to them”.

Team Building

“As the week went on everyone just got on so well, we all bonded so fast! We went from being 3 different groups to a team, a family” - Brooke

Brookes thoughts were shared by everyone on the voyage.
 “It was great mixing with other young people”. Jack
 “I enjoyed meeting new people and making new friendships”. Dan
 “I enjoyed meeting new people and learning new skills that were new to all of us”. Fraser

Skills Learned

“I have learned that I can do pretty much anything I set my mind to. For instance, who knew I could flake a sail?” Katherine

“It was time for Dinghy Practice, a small rubber boat and a paddle was not sounding good; but I managed it – and managed to tick it off my checklist!” Lewis
 “I’ve gained useful skills for example; timekeeping, cooking for others, cleaning and working as part of a team”. Fraser
 “ I brought back a few new skills , knowing how to do so many cool knots and I can tell people the parts of the boat and how the sails work”. Brooke
 “I have learned I can cook”. Jack

