



The AHOY Centre, Borthwick Street, Deptford, London, SE8 3JY

Shipmates Trip Report

Date of Trip: _____ 24th – 28th July 2013 _____

Destination: _____ UKSA Isle of Wight _____

Shipmate's Name: _____ Octavia Cogher _____

Age: _____ 17 _____

Dear Shipmate – please complete this Diary at the end of each day whilst on your trip.

Day One

Weather: Sunny

What I did:

Morning: Met my fellow crew mates and had a tour of the yacht and its equipment

Afternoon: We learnt the basics and began sailing across the Solent

Evening: We cooked our dinner – pizza, chips and salad, and had an early night because we had had an early start that morning

Who I worked with: The rest of my crew and the instructor, Jess.

Equipment used: Winches, ropes

Photos I took:

What I learnt today: I learnt how to rig and de-rig the mainsheet and use the reefing. I also had a go at helming the boat

Day Two

Weather: Colder, with some clouds

What I did:

Morning: We woke up early in time to hear the shipping forecast at 7 30am. After this we ate breakfast and I had to do the engine check. Then we began sailing.

Afternoon: We practiced all the things we had learnt the previous day and learnt to tie knots like the figure-of-eight and the clove hitch.

Evening: We cooked dinner and washed up. Then we had a knot-tying competition with the other crews. Our team won.

Who I worked with: The rest of my crew and our instructor.

Equipment used: Rope to tie the knots and the yacht

Photos I took:

What I learnt today: I learnt how to tie many new knots and practiced leaving and mooring up to pontoons.

Day Three

Weather: Sunny and clear – north wind blowing

What I did: Morning: We woke up early and raced small inflatable dinghies and then set sail for from Cowes to the river Hamble. Afternoon: Planned our course for the night sail. Evening: We set sail at 21:00 and sailed to Cowes in the dark.
Who I worked with: The rest of my crew and our instructor.
Equipment used: Inflatable dinghies - charts
Photos I took:
What I learnt today: Use of lights for night sailing and how to paddle an inflatable.

Day Four

Weather: Sunny in the morning but rainy out at sea

What I did:

Morning: We woke up early and recorded the weather and wrote down the times of high and low tide. We had a breakfast of cereal and began to rig our yacht. We also had a dinghy race

Afternoon: We practiced some man-over boards using the buoys and also had a go at towing another boat.

Evening: We had a fancy dress competition using items from the boat. Our theme was the Wizard of Oz and we won.

Who I worked with: The rest of my crew and the other crew who we moored alongside.

Equipment used: Buoys, fenders

Photos I took:

What I learnt today: I learnt how to use an almanac and read a map

Day Five

Weather: overcast
What I did: Morning: Raced other boats Afternoon: Cleaned and completed Check Lists and went home with Mike (AHOY Instructor) Evening: Home☺
Who I worked with: The rest of my crew
Equipment used: Charts, cleaning equipment
Photos I took:
Summary of course and what I learnt: I learnt lots of things as I hadn't done much yacht sailing before – rigging, helming, and mooring and reefing were the most useful. I also learnt how to be a competent crew member through reading the charts and completing the log book.

Thank You for completing!
