



The AHOY Centre, Borthwick Street, Deptford, London, SE8 3JY

## Shipmates Trip Report

Date of Trip: 25<sup>th</sup> to 30<sup>th</sup> July 2013

Destination: \_\_\_\_\_

Shipmate's Name: Zakaria Riat

Age: 15

Dear Shipmate – please complete this Diary at the end of each day whilst on your trip.

### Day One

**Weather:** Fair clouds, moderate winds, waves calm.

**What I did:** Arrived at the UKSA and got taught the basics on yachting.

**Morning:** Travelled from the Ahoy centre to the UKSA.

**Afternoon:** Met up with our instructor and our group and had a safety briefing and a look around the yacht. Made lunch.

**Evening:** Went out for a sail to learn the basics of the boat and getting used to it. Staying overnight at a marina.

**Who I worked with:** Paul (Instructor) Toni, Alex Martin, (other students in the same boat)

**Equipment used:** Life jacket. Ropes. Charts. Radio.

**Photos I took:**

**What I learnt today:** I learnt the basics on how to helm and crew the yacht.

### Day Two

**Weather: Heavy cloud coverage, moderate winds, waves calm.**

**What I did: We learnt how to helm whilst tacking and gybing. We also practised the MOB drill.**

**Morning: Plotting our course for the day. Getting out of the mariner. Practiced the man overboard drill with a fender.**

**Afternoon: We spent time doing tack and gybe practises to get confident at them both in the helm and crews perspective.**

**Evening: Practiced rope work with the people from the other boats.**

**Who I worked with: Paul (Instructor) Toni, Alex Martin, (other students in the same boat)**

**Equipment used: Life jacket. Ropes. Charts. Radio.**

**Photos I took:**

**What I learnt today: I have learnt how to confidently tack and gybe both as the helm and as the crew of the yacht. Also, how to safely pick up a MOB.**

**Day Three**

**Weather: light cloud coverage, moderate to heavy winds, waves calm.**

**What I did: We learn how to sail in stronger winds and how to make the boat more controllable in these conditions. Also how to pick up a mooring buoy. We also went on a night sail.**

**Morning: Practised picking up and leaving a mooring buoy.**

**Afternoon: Learnt how to reef the sails for heavy wind conditions. Also practised moving about the boat with the safety line on for bad weather conditions and night time sailing.**

**Evening: Went for a night sail going from one buoy to another back to the UKSA.**

**Who I worked with: Paul (Instructor) Toni, Alex Martin, (other students in the same boat)**

**Equipment used: Safety line. Life jacket. Ropes. Charts. Radio.**

**Photos I took:**

**What I learnt today: How to helm and crew the yacht in heavier wind conditions.**

**Day Four**

**Weather: Overcast, moderate to heavy winds, waves calm.**

**What I did: Learnt tides.**

**Morning: Sailed to outside Portsmouth**

**Afternoon: Sailed in strong winds**

**Evening: We went to Haslar Marina for the last time then we moored up and had a Fancy Dress competition which was good fun!**

**Who I worked with: Paul (Instructor) Toni, Alex Martin, (other students in the same boat)**

**Equipment used: Reefing Line – Tides Book.**

**Photos I took:**

**What I learnt today: Tides and the difference of how close or far it is from land.**

**Day Five**

<b>Weather: Overcast</b>
<b>What I did: Sailing race – cleaned boat</b>  <b>Morning: Sailing race</b>  <b>Afternoon: Cleaned boats and packed up ready to go home</b>  <b>Evening: Went for a night sail going from one buoy to another back to the UKSA.</b>
<b>Who I worked with: Paul (Instructor) Toni, Alex Martin, (other students in the same boat)</b>
<b>Equipment used: Charts – cleaning supplies</b>
<b>Photos I took:</b>
<b>Summary of course and what I learnt: I have learnt the basics of yachting and how to both helm and crew the boat confidently.</b>

***Thank You for completing!***

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